

# Supplement Facts

Serving Size: 6 Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as retinyl acetate)	1,500 mcg RAE	167%
Vitamin C (as calcium ascorbate and ascorbic acid)	500 mg	556%
Vitamin D (as cholecalciferol)	20 mcg	100%
Vitamin E (as d-alpha tocopheryl acetate)	270 mg	1,800%
Thiamin (B1) (as thiamin mononitrate)	50 mg	4,167%
Riboflavin (B2)	25 mg	1,923%
Niacin (as niacinamide and niacin)	150 mg	938%
Vitamin B6 (as pyridoxine hydrochloride)	30 mg	1,765%
Folate (as calcium folinate)	800 mcg DFE	200%
Vitamin B12 (as methylcobalamin)	50 mcg	2,083%
Biotin	3,000 mcg	10,000%
Pantothenic Acid (as calcium pantothenate)	100 mg	2,000%
Calcium (as ascorbate, citrate and carbonate)	200 mg	15%
Magnesium (as aspartate, citrate and oxide)	400 mg	95%

## KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

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	Amount Per Serving	% Daily Value
Zinc (as zinc picolinate and zinc citrate)	30 mg	273%
Selenium (as selenomethionine)	150 mcg	273%
Copper (as copper gluconate)	2 mg	222%
Manganese (as manganese citrate)	10 mg	435%
Chromium (as chromium aspartate)	1,000 mcg	2,857%
Potassium (as potassium aspartate)	99 mg	2%
Vanadium (as vanadium aspartate)	20 mcg	*
L-Carnitine fumarate	30 mg	*

\* Daily Value not established

**Other ingredients:** Capsule shell (gelatin and water), stearic acid and magnesium stearate (vegetable source).

**This product is gluten, dairy and GMO free.**

**RECOMMENDATION:** Six (6) capsules each day, with meal, as a dietary supplement or as otherwise directed by a healthcare professional.

**WARNING: If you are taking Diabetes medications, do not use this product without medical supervision.**