

Supplement Facts

Serving Size: 3 Tablets

Servings Per Container: 90

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids and palmitate) (IU ratio 1:2)	7,500 IU	150%	Zinc (as gluconate, citrate).....	15 mg	100%
Vitamin C (as calcium and magnesium ascorbate).....	100 mg	167%	Selenium (from vegetable culture †)	50 mcg	71%
Vitamin D (as cholecalciferol).....	400 IU	100%	Copper (as gluconate).....	2 mg	100%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%	Manganese (as gluconate)	2 mg	100%
Vitamin K (as phytonadione).....	35 mcg	44%	Chromium (from vegetable culture †).....	50 mcg	42%
Thiamin (B ₁) (as thiamin mononitrate)....	10 mg	667%	Molybdenum (from vegetable culture †) ..	10 mcg	13%
Riboflavin (B ₂).....	10 mg	588%	Potassium (as chloride, gluconate).....	99 mg	3%
Niacin (as niacinamide).....	20 mg	100%	Boron (as calcium borogluconate).....	1 mg	*
Vitamin B ₆ (as pyridoxine hydrochloride).....	10 mg	500%	Lithium (from vegetable culture †)	20 mcg	*
Folate (as calcium folinate)	400 mcg	100%	Rubidium (from vegetable culture †)	25 mcg	*
Vitamin B ₁₂ (as methylcobalamin).....	10 mcg	167%	Vanadium (from vegetable culture †).....	5 mcg	*
Biotin.....	300 mcg	100%	Citrus Bioflavonoids (from citrus fruit)	10 mg	*
Pantothenic Acid (as calcium pantothenate)	25 mg	250%	Lysine (as L-Lysine hydrochloride)	30 mg	*
Calcium (as citrate).....	200 mg	20%	L-Methionine	30 mg	*
Iron (as gluconate).....	18 mg	100%	N-Acetyl-L-Cysteine	10 mg	*
Iodine (from Kelp)	150 mcg	100%	Coenzyme Q10	1 mg	*
Magnesium (as citrate, gluconate, glycinate).....	100 mg	25%	Superoxide Dismutase (from vegetable culture †).....	20 mcg	*
			Catalase (from vegetable culture †).....	20 mcg	*
			*Daily Value not established		

Other ingredients: Stearic acid (vegetable source), modified cellulose gum, cellulose, magnesium stearate (vegetable source) and food glaze.

† Specially grown, biologically active vegetable culture containing **Phytochemically Bound Trace Elements™** and/or naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

This product is gluten and dairy free.

RECOMMENDATION: Three (3) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

Product # 1162 Rev. 09/15