

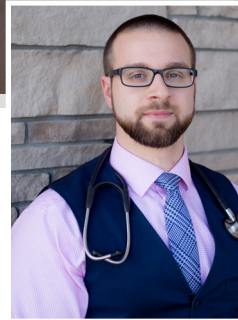


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Common Sleep Disorders & Modulation of Detoxification Pathways

Case Histories and Blood Panels will be Reviewed



December 9, 2018
El Segundo, CA

Presented by: **Dr. Brett Wisniewski DC, MS, DABCI, DACBN**
CE credits have been applied for

Program Description

Review the physiology and biochemistry of two of the largest issues that our society is dealing with today, proper detoxification and healthy circadian rhythms. Our world is toxic- the chemicals we use in food manufacturing, our farming techniques, pesticides, etc. all contribute to a tremendous body burden. Couple this with nutrient depletion from poor dietary habits and improper stress management and we can start to see why we are so chronically ill. Learning the proper tests to run along with natural strategies that assist with the body's ability to function optimally is what will be truly healing for the patient.

Goals & Objectives

- Review common clinical disorders stemming from poor detoxification, over burden, and sleep disorders.
- Determine the causes of these complaints with superior diagnostic methods
- Know when to choose the right test and WHY!
- Appropriately create a safe, effective, and efficient plan centered around diagnostic findings, as well as patient feedback.
- Real-life examples of patient cases, their work-ups, and actual protocols, as well as their results and follow-up intervals.

Program Topics

- Outline detoxification: organs involved and metabolic pathways
- Outline sleep disorders: inability to go to bed, stay asleep, or non-restful sleep
- Overview common disorders that arise from poor detoxification and sleep disorders
- Current statistics of various chronic conditions and what to observe in your patients
- Review botanicals, amino acids, vitamins and minerals, and how these constituents can be beneficial in detoxification and sleep
- Drug interactions with natural substances- what to ask your patients and how to carefully navigate nutrient-drug interactions



CE Credits

8 Hours Applied for CA

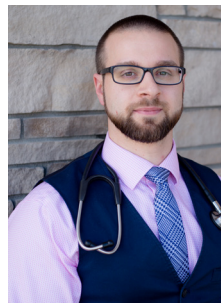
by Logan College of Chiropractic

This Category 1 course is pending approval from CAB - CEP#1505

Application for CE (ACBN)

Approval made in all state

CBCN approves 8 CE hours towards annual recertification



Dr. Brett Wisniewski was born and raised in New Jersey. He attended Monmouth University where he received a Bachelor's of Science degree in Biology with concentrated studies in chemistry. Dr. Brett attended Palmer College of Chiropractic and graduated Cum Laude, with a Doctor of Chiropractic Degree. He then went on to study at the University of Florida where he completed his master's degree in molecular cell biology with a concentration in immunology. Dr. Brett also holds diplomates from the American Board of Chiropractic Internists (DABCI) and the American Board of Clinical Nutrition (DACBN). Dr. Brett is both an instructor and administrator for multiple DABCI programs across the country and holds a seat on the executive board for the American Board of Clinical Nutrition.

Sunday, December 9, 2018

8:30 am – 6:00 pm

Registration begins at 8:00 am

Embassy Suites Hotel LAX South

1440 E. Imperial Avenue

El Segundo, CA 90245

Reservations: (310)-640-3600

Lunch & CE Credits are included

Registration Fee: **\$119** — Student or Staff: **\$99**

Register by November 9th and receive a \$20 discount

Cancellation Policy: A refund will be issued if advance notice is provided within 7 days of the seminar date.

To register, contact Biotics Research West at (888) 313-9888, info@bioticsresearchwest.com or mail back completed registration form on the back of this flyer.