

BioDoph-7 Plus®

Why you may need BioDoph-7 Plus®: It is estimated that ~80% of the immune system is found in the gut, and the human body contains more bacteria living inside it than it has individual cells: 100 trillion microorganisms live in the gastrointestinal tract as compared with a mere 10 trillion human cells in the entire body. This means that there are 10X more cells of bacteria living in our intestines than what we possess in all of our bodily tissues put together. The majority of these bacterial strains are beneficial and are important for the development of the immune system, however periods of stress or illness, fever, diarrhea, diet, the use of certain pharmaceuticals, and surgery can all cause an imbalance of these good bacteria and let bad or opportunistic bacteria and yeasts flourish – which negatively impacts health. Unfortunately, far too many people suffer from some degree of bowel dysbiosis, which can manifest as allergies, dermal irritation, fatigue, mood alterations, headaches, leaky gut, diarrhea, constipation, etc. Now further evidence suggests that obesity and diabetes may be linked with altered gut microflora. Given the prevalence of people that experience one or more of these symptoms, probiotics have the potential to be the unsung hero of overall health support.

Why your healthcare practitioner recommends BioDoph-7 Plus® from Biotics Research: The modern dilemma is that allergies and chronic health conditions are on the rise. Antibacterial soaps, washes, and wipes, chronic dehydration, mercury amalgams, total toxin load, drugs, and nutrient deficient diets have become a scourge on friendly bacteria. Documented research has indicated important benefits associated with the use of probiotic bacteria, including improved digestion, enzymatic activity, and overall modulating effects on the immune system. Formulated in collaboration with Dr. Gary Lasneski, **BioDoph-7 Plus®** contains a specific blend of 3 prebiotics and 7 probiotics to ensure optimal colonization with bacterial strains recognized for their bioactivity. Each capsule contains 20 billion viable organisms at the time of manufacture and consists of a proprietary blend of Inulin (from Chicory root), Arabinogalactans (from Larch), Marshmallow Root (extract), Bifidobacterium bifidum, Bifidobacterium lactis, Bifidobacterium breve, Lactobacillus paracasei, Lactobacillus plantarum, Lactobacillus salivarius, and Streptococcus thermophilus.



Supplement Facts

Serving Size: 1 Capsule	
	Amount Per Serving
Proprietary Blend	400 mg
Inulin (from Chicory root) *	
Arabinogalactans (from Larch) *	
Marshmallow (Althea officinalis) (extract) (root) *	
Bifidobacterium bifidum *	
Bifidobacterium lactis *	
Bifidobacterium breve *	
Lactobacillus paracasei *	
Lactobacillus plantarum *	
Lactobacillus salivarius *	
Streptococcus thermophilus *	

*Daily Value not established

Other ingredients: Vegetarian capsule shell (modified cellulose) and magnesium stearate (vegetable source).

Lactose (from dairy) was used in the fermentation of some ingredients.

Each capsule of **BioDoph-7 Plus®** contains more than 20 billion organisms at time of manufacture.

RECOMMENDATION: One (1) capsule taken one (1) to two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

The long term viability of probiotic organisms is enhanced by refrigeration.

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