

SHORT COMMUNICATION

Inhibition of Enteric Parasites by Emulsified Oil of Oregano *in vivo*

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Oil of Mediterranean oregano *Oreganum vulgare* was orally administered to 14 adult patients whose stools tested positive for enteric parasites, *Blastocystis hominis*, *Entamoeba hartmanni* and *Endolimax nana*. After 6 weeks of supplementation with 600 mg emulsified oil of oregano daily, there was complete disappearance of *Entamoeba hartmanni* (four cases), *Endolimax nana* (one case), and *Blastocystis hominis* in eight cases. Also, *Blastocystis hominis* scores declined in three additional cases. Gastrointestinal symptoms improved in seven of the 11 patients who had tested positive for *Blastocystis hominis*. Copyright © 2000 John Wiley & Sons, Ltd.

Keywords: oregano; essential oil; *Blastocystis hominis*; enteric parasites; *Endolimax nana*; *Entamoeba hartmanni*.